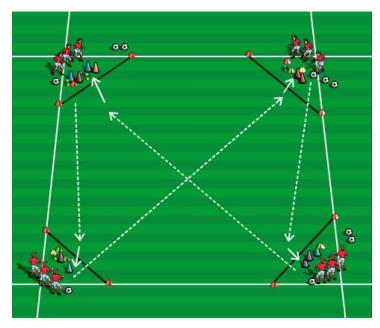


Curriculum – Mini Kick Activity # - 129

Game Title:	Knock down the castle	Game Theme:	Building
Learning Outcome(s):	Develop creative thinking and striking		



## **Organization:**

- 1. 20 x 20 yard area with four area set up in each corner, set up a shown
- 2. 12 players (4 groups of 3) set up as shown
- 3. 12 balls
- 4. Lots of cones

## **Story/Description:**

- 1. It's time to build the castles.
- 2. Each group of players has a designated area with a number of different cones to build a castle with
- 3. Each player is then numbered and has a wrecking ball (ball)
- 4. When the number is called out they drive the wrecking ball over to another castle and attempt to use the wrecking ball on the other castle (1 chance)
- 5. Once they use the wrecking ball, the team has to rebuild the castle in 1 minute

## **Coaching Points:**

- 1. Build a really big castle
- 2. Make sure you swing the wrecking ball really hard

## **Developments:**

1. P – Players are allowed to take any building block they knock down from the castle